



## A Resource Toolkit 2017

***\*\* This information is meant as a guide. No guarantee can be made as to the accuracy of the material contained in this document as information, eligibility criteria and laws may change. \*\****

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# Nashua, NH Continuum of Care



**Bridges**, 33 East Pearl St., Nashua, NH 03060 24-Hour Support Line (603-883-3044) Office (603-889-0858): Services for victims and survivors of domestic violence, sexual assault, teen dating violence, child sexual abuse, elder abuse, stalking, and harassment. Services include crisis intervention, emergency shelter, court advocacy, support groups, and education and outreach to both women and men.

**Corpus Christi Food Pantry**, 43 Franklin St., Nashua, NH (603-882-6372): Food pantry and limited financial assistance. Appointment needed to determine eligibility.

**Family Promise of Greater Nashua at Anne Marie House**, 180 Lowell Road, Hudson, NH 03051 (603-883-7338)

Guides families as they rise from homelessness to sustainable independence. Unique in the area, FPGN serves families of all compositions, including single-fathers, two-parent families, single mothers, pregnant women, and any other type of family. FPGN provides a residential facility where families work with Family Services comprehensive financial and housing plans and receive courses in financial literacy, parenting, and life-skills. Our focus is on protecting the family unit.

**The Front Door, Inc.**, 7 Concord St., Nashua, NH 03064 (603-886-2866): Offers support and provides services to assist individuals and families transition from crisis to self-sufficiency. Assistance with back rent, utility arrearages, security deposit loans, rapid rehousing, transitional housing for single women & children, financial literacy and other basic needs.

**Greater Nashua Mental Health Center at Community Council**, 7 Prospect St., Nashua, NH 03060 (603-889-6147): Behavioral health services for all ages including individual family and group psychotherapy, psychopharmacology, crisis intervention and stabilization, case management, outreach, substance use services, and vocational services. Education, information, and referral related to all aspects of behavioral health available. Mission: Empowering people to lead full and satisfying lives through effective treatment and support

**Greater Nashua Dental Connection, Inc.**, 31 Cross St., Nashua, NH 03064 (603-879-9314): Provide affordable dental services, accepts Medicaid. Appointments necessary.

**H.E.A.R.T.S. Peer Support & Crisis Respite Centers of Greater Nashua**, 5 Pine St. Ext. Unit 1G, Nashua, NH 03060 (603-882-8400): Adult Educational Wellness Center for those struggling with the daily mental health issues. Membership requirement is people who have used publicly funded Mental Health Services in the past, present or at risk of. Open 8am to 4pm Monday thru Friday AND Saturday 8am till Noon. We offer arranged transportation to and from the center. *Peer Crisis Respite* is a non-medical alternative to hospitalization where people can stay with us 1 to 7 days. We are not a homeless shelter and we ask that people are able to manage medications as needed. Contact the peer center for a pre-interview prior to your stay or call (603-864-8769). We also offer a *Peer Support Warm-Line* available 7 day a week from 5pm to 10pm for after-hours peer support.

**Harbor Homes, Inc.**, 45 High St., Nashua, NH 03060 (603-882-3616): Residential and supportive services including psychotherapy, psychopharmacology, case management, and employment services. Also operates a SAFEHAVEN program and Maple Arms homeless shelter. Three residential programs for *homeless veterans*.

**Harbor Care Clinic and Wellness Center**, 45 High Street, Nashua, NH 03060 (603) 882-3515. Primary Care and Behavioral Health Services to include psychotherapy, psychopharmacology, case management and outreach. Patient Navigator Program provides assistance submitting applications for low and no cost health insurance.

<p><b>Keystone Hall</b> (Greater Nashua Council on Alcoholism), 615 Amherst St., Nashua, NH 03060 (603-881-4848): Comprehensive services for chemically dependent persons (including crisis intervention, case management, transitional living, women and Men’s program. Outpatient counseling at 45 High St.).</p>
<p><b>Lamprey Health Care</b>, 22 Prospect St., Nashua, NH 03060 (603-883-1626): Lamprey Health Care, Nashua Center provides comprehensive primary care services to individuals in the Greater Nashua Community regardless of their insurance status or ability to pay. These services include routine preventive and sick care, diagnostic evaluations, disease management and education for chronic illnesses, pharmacy assistance, nutrition education, case management, behavioral health services, and health education.</p>
<p><b>Main Street Methodist Church</b>, 154 Main Street, Nashua, NH 03060 (603-882-3361): Café Agape- a drop in center for our neighbors, homeless or otherwise, from 8am-10am Monday- Friday. We offer free coffee, food, and a place to connect with other people.</p>
<p><b>Marguerite's Place</b>, 87 Palm St., Nashua, NH 03060 (603-598-1582): Transitional housing, on-site childcare, and case management for single mothers and their children.</p>
<p><b>Milford Regional Counseling Services</b>, 15 Union St., Milford, NH 03055 (603-673-2508): Provides comprehensive, caring, professional, and affordable mental health counseling services to individuals, couples, and families in the greater Milford and greater Nashua communities.</p>
<p><b>Nashua Division of Public Health &amp; Community Services</b>, 18 Mulberry St., Nashua, NH 03060 (603-589-4560): Serves the community by maintaining the well being of its citizens. Services are provided through a collaborative effort of Environmental Health, Community Health and Welfare.</p>
<p><b>Nashua Housing Authority</b>, 40 East Pearl Street, Nashua, NH 03060 (603-883-5661): Serves the community providing affordable housing for low-income elderly, non-elderly disabled, and families.</p>
<p><b>Nashua School District – Homeless Student Liaison</b> (603-305-7734): Educational based services available to students (PK-12) experiencing transition due to loss of housing, economic hardship or a similar reason. Contact the Homeless Student Liaison for more information about the McKinney-Vento Act.</p>
<p><b>Nashua Soup Kitchen &amp; Shelter</b>, 2 Quincy St., Nashua, NH 03061 (603-889-7770): Services include meals, food pantry, fresh produce, emergency shelter for homeless individuals and families, transitional housing, permanent housing, employment and education advocacy and Hispanic Advocacy.</p>
<p><b>New Hampshire Bureau of Elderly &amp; Adult Services</b>, 3 Pine St. Ext., Nashua, NH 03061 (603-883-7726): Services to help elderly and disabled adults remain at home or placement services when needed. Protective investigations for reports of abuse, neglect, self-neglect and exploitation of incapacitated adults.</p>
<p><b>New Hampshire Department of Health and Human Services</b>, Nashua District Office, 3 Pine St. Ext., Suite Q, Nashua, NH 03060 (603-883-7726): Provides a comprehensive and coordinated system of services to promote and protect the health, safety and well-being of NH citizens. Directed at supporting families, strengthening communities and developing the independence and self-sufficiency of NH citizens to the extent possible. Applications for food stamps, TANF, APTD/OAA/ANB, Medicaid.</p>
<p><b>New Hampshire Division for Children, Youth and Families-Child Protective Services</b>, 3 Pine St. Ext., Suite Q, Nashua, NH 03060 (603-883-7726): Services to children, youth and families experiencing child abuse or neglect.</p>
<p><b>New Hampshire Legal Assistance (NHLA)</b> (603-224-3333) or (1-800-639-5290): provides legal services to New Hampshire residents with incomes and assets below certain limits in civil cases. NHLA has offices in Berlin, Concord, Claremont, Manchester, and Portsmouth to serve all qualified NH residents. Visit <a href="http://www.nhla.org">www.nhla.org</a> for more information about NHLA, text of all our informational pamphlets, and links to other resources. For NHLA eligibility screening, contact <a href="http://www.nhlegalaid.org">www.nhlegalaid.org</a>.</p>

**New Hampshire Veteran's Services** (603-624-4366): Manchester VAMC Homeless Walk-In Clinic is located on the 5<sup>th</sup> floor of Manchester VAMC, 718 Smyth Rd, Manchester, NH 03104.

Veterans Crisis Line: 1-800-273-8255, press 1

**Social Security Administration**, 175 Amherst St., Nashua, NH 03064 (1-800-772-1213):

Social Security cards; maintenance of Social Security earnings records; applications for Social Security Disability, survivors, retirement benefits, Supplemental Security Income, Medicare, and Post-Entitlement actions (direct deposit, lost checks, change of address, etc.)

**Southern New Hampshire HIV/AIDS Task Force**, 77 Northeastern Boulevard, Nashua, NH 03062

(603-595-8464): Comprehensive support services to people living with HIV/AIDS.

**Southern New Hampshire Medical Center**, 8 Prospect Street, Nashua, NH 03060 (603-577-2728):

Committed to stewardship and provides comprehensive medical services, many of which are exclusive to this region.

**Southern New Hampshire Rescue Mission**, 40 Chestnut St., Nashua, NH 03060 (603-889-3421):

Provides Emergency Shelter, Food and Clothing, Transitional Employment Program & bible based rehabilitation programs. Hosts Community Meals, A Gift Center which operates as a Food Pantry and Clothing Bank and Community Recovery Groups.

**Southern New Hampshire Services**, 134 Allds St. Nashua, NH 03060 (603-889-3440): Community Action Agency for Hillsborough County providing social services programs and advocacy activities to low income youth, elderly and other specialized populations through Senior and Housing for Homeless Women with no children, Head Start, WIC, Weatherization, Energy Assistance, Summer Youth Feeding, and Child Care.

**St. Joseph Hospital**, 172 Kinsley Street, Nashua, NH 03060 (603-882-3000): A caring, progressive,

comprehensive 200 bed not-for-profit health care facility serving southern New Hampshire and dedicated to the prevention of disease and care of the sick, with special concern for the poor.

**Youth Council of Nashua**, 112 West Pearl St., Nashua, NH 03060 (603-889-1090): Serves children, teens, and families struggling with sexual abuse, physical abuse, neglect, substance abuse, behavioral difficulties and parenting stress through counseling, diversion and crisis services.

## **EMERGENCIES – DIAL 911**

**Homeless Services – dial 1-844-800-9911 for COORDINATED ENTRY  
Intake, Assessment and Referral.**

**“New Hampshire 211” – 1-866-444-4211 or dial 2-1-1.**

[www.211nh.org](http://www.211nh.org)

**Food Resources**  
**Greater Nashua**

**FOOD PANTRIES/MEALS - NASHUA**

**Nashua Soup Kitchen & Shelter** 2 Quincy St. 889-7770

Food Boxes - given out Mondays (Tuesday if Monday is a holiday) from 11:00am – 2:45pm.

Other times available as needed – please call.

Meals Served:

*Nashua Soup Kitchen Breakfast: Mon-Fri 7-8am, Dinner for families with children and physically handicapped persons - Mon-Sat, 4:00 - 5:00pm; from 5:00 - 6:30pm for anyone.*

**Corpus Christi Food Pantry** 43 Franklin St. 882-6372

Monday and Wednesday in the morning, Tuesday and Thursday in the afternoon.

Please call for an appointment.

**Grace Lutheran Church** 130 Spit Brook Road, Nashua, NH 03062 888-7579

Second Thursday of the month from 6:00pm to 8:00pm.

**The Salvation Army** 1 Montgomery Ave 889-5151/883-7841

Mon-Fri, 9:00-12:00 & 1-4:00pm. Available monthly-*bring proof of residence.*

**Southern NH Rescue Mission** 40 Chestnut St. 889-3421

Breakfast:	Monday to Friday	7:00 AM	
	Sat & Sun	8:00 AM	
Lunch:	Mon, Wednesday to Friday	12:00 PM	
Dinner:	Saturday and Sunday	5:00 PM	
Gift Center:	Clothing	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday	1-4 PM
	Food Pantry	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday	1-4 PM

**Tolles St Mission** 52 Whitney corner of Tolles 880-4984

Tue-Thu 10:30-12(fruits/vegs), Wed- Thur –1:30-2:30

**Unitarian Universalist Church** 58 Lowell St. 882-1091

Dinner: Third Sunday of each month 5:30pm to 6:30pm.

**OTHER FOOD PROGRAMS**

**Southern NH Services** 134 Allds St., Nashua 889-3440

WIC- for pregnant women, families with kids up to 5 yrs old

Commodity Foods- people over 60. *Call first*

WIC - for pregnant women, families with kids up to 5 yrs. old

Summer Food Program: Breakfast and lunch for youth up to age 18 provided when school is out for the summer. *List of sites available in early June.*

## Financial Assistance & Information

- Catholic Charities**, 261 Lake St., Nashua 889-9431
- Emergency assistance, emergency loan program.
- Corpus Christi**, 43 Franklin St., Nashua 598-1641
- Financial assistance with rent, utilities, local bus transportation, etc.  
Appointment needed to determine eligibility for assistance.
- The Front Door Agency**, 7 Concord St., Nashua 886-2866
- Security Deposit loans, rent and utility assistance, transportation assistance.
- Main Street Methodist Church**, 154 Main St., Nashua 882-3361
- Pastoral service provides prescription drug help if people can't afford to by medicine.
- Nashua Soup Kitchen & Shelter**, 2 Quincy St., Nashua 889-7770
- Loan help with rent, mortgage or utility (eviction notice or shutoff notice for gas, electric, oil or propane) to prevent homelessness. Assistance of \$75 - \$100 as it is available. Not available for rooming houses, unless there is residency for over a year.
  - Some funds available for job/education-related costs for homeless persons.
- NH Department of Health and Human Services**, 3 Pine St. Ext., Nashua 883-7726
- Emergency funds for TANF recipients, childcare funding, food stamps, health insurance, disability benefits, etc.
- The Salvation Army**, 1 Montgomery Ave., Nashua 889-5151
- Emergency assistance, prescriptions.
- Southern NH Services**, 134 Allds St., Nashua 889-3440
- Fuel Assistance Program, emergency assistance, other assistance programs.
- City of Nashua \*Welfare Department**, 18 Mulberry St., Nashua 589-4555
- The Welfare Department provides interim emergency assistance for low income residents through a voucher system. Assistance is available with rent, food, utilities and medications. Each applicant will be interviewed confidentially to review household circumstances and eligibility for assistance. You must apply in person. No appointments are given over the phone.
- \*Each city/town in NH has a municipal welfare department – call 2-1-1 for the phone number/contact information for your municipality.*
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## HOMELESS OUTREACH RESOURCES

- Coordinated Entry (homeless assistance) **1-844-800-9911**
- NH RESOURCES & HOMELESS ASSISTANCE - call **2-1-1**
- *Greater Nashua Continuum of Care* outreach e-mail:  
[homeless@nashua-coc.org](mailto:homeless@nashua-coc.org)